

[A1 - PLEDGE OF ALLEGIANCE]

Unleashed 9.12.18

Season 10

Episode 12

Total 713

[A2 - COLD OPEN]

Also ... you will hear more from the jazz band and how they are tuning up for a competition.

And ... we'll explain why you need to be at school at 6: 00 am on Friday morning.

I'm ZACH SCHRIENER

And I'm MIKAYLA AYALA

Today is September 12th

And UNLEASHED begins... NOW.

[A4 - INTRO_NEWS_QUARRY BOWL]

Good morning Wildcats. This is Quarry Bowl week.

On Friday night, your Wildcats play their first SFL league game ... less than one mile away ... against the Rocklin Thunder.

General admission tickets are on sale today, for ten dollars, until they are sold out.

Also, there is a pregame tailgate on Friday and the location is no longer Twin Oaks Park. As soon as we know the new location, we will tell you here, on Unleashed.

[A5 - NEWS_QB_MORNING RALLY]

Good Day Sacramento is live, in the gym, Friday morning. They will have several live segments, featuring you, at the morning rally.

This is a great opportunity to show school spirit, win prizes, eat donuts, and practice chants the students will use at Friday night's game. Doors open at 6:00 am and close at 6:30. Don't miss the Quarry Bowl morning rally, Friday, on Good Day Sacramento.

[A6 - NEWS_QB_T-SHIRT]

And with the big game coming up Friday night, here is a video the leadership team made to get you pumped up.

[A7 - NEWS_SUICIDE PREVENTION]

This is National Suicide Prevention week. The leadership team and the counseling department are working together to raise awareness about the topic. Don't forget to stop by the table, in the amphitheater at lunch, for information on what to do if you know someone who is thinking about suicide.

[A8 - NEWS_JAZZ]

And ... The Whitney Jazz Band is practicing several new pieces for their upcoming performances. Take a listen ...

Recently the band performed at Quarry Park for Patriot Day and played Good Time Charlie and Ginger Bread Boy. The band is also practicing for a competition at Sacramento State. If you want to join the Jazz Band or to find out when they are performing next, see Mr. Harper in the band room.

[A9 - NEWS_CLUB SHIELD]

The leadership team needs club presidents to stop by the student store, to pick up their club shield. This is the shield that you will decorate for club rush. They are due back to the student store by Friday. Also, Club Rush is postponed. We will let you know here, on Unleashed, when the new date is posted.

[A10 - NEWS MOCK INTERVIEW]

And ... Senior Mock Interviews are September 20th and 21st.

Over 50 volunteers are on campus for two days to interview the entire senior class. Remember that you must arrive early to your appointment, have your resume and cover letter printed, and dress for success.

[A11 - NEWS_QUARRY SHIRTS]

Earlier in the show, we told you that Quarry Bowl are on sale. Here is what they look like.

This year's shirt was designed by Hannah Surreda, from the graphics department. Now, here is reporter Kailee Hamilton is with X-Factor committee member Kendall Gimenez, to tell us where you can purchase a shirt and the cost. Kailee...

[A12 - NEWS_FEATURE PACKAGE]

Jesse Armas has worked at Whitney for seven years. Last year, he stepped in as head football coach, and now, in addition to teaching Spanish, he is the activities director. Reporter Isabella Martinez and photographer Morgan Cassidy went to Armas' Spanish class to find out why he dedicates so much time to helping the school.

* PLAY PGK - 9.05_PKG_IM.MC_Bleeding Maroon and Gold
Outcue: Reporting for...

Set Cam 3 Word Shot with 3 anchors

Set Cam 1 shot with Word Anchor

[A13 - NEWS_FEATURE PACKAGE_OUT]

The Armas' said that when they are at home, they will often brainstorm ideas to improve their programs. Right now, both are working with leadership students on planning Homecoming.

Comment about the TOPIC from package...

[A14 - INTRO TO THE WORD]

Now ... on social media, we can tell that many teams are creating strong bonds as the fall sports season continues.

With league games starting this week, those close relationships are now more important than ever. Here's Tabitha Bland with more in your "Word around Campus.

[A15 - THE WORD]

UP FIRST, Freshman, Oliva Scarborough SHARED THIS ON ... Instagram WITH THE HASHTAG WHSUNLEASHED.

In this photo, Olivia was at Union Mine High School, on Saturday, for a women's JV Water Polo tournament. In this picture Olivia is with freshmen, Anika Jayaram, Kaylee Cho, and Ally Wright after competing all day. Olivia said they learned a lot as a team and they even had some fun ... having their own whiteout.

AND THIS WEEK WE ASKED YOU to tell us your favorite memory from the Quarry Bowl USING THE HASHTAG WHSUNLEASHED.

Junior, Katie Scaglione said her favorite Quarry Bowl memory was dancing on the field with one of her best friends. In this picture, Katie is with Junior, Caitlyn Kan a member of the Rocklin Dance team. Even though they attend rival schools their friendship is still strong.

NOW, we went on twitter to find out WHAT'S TRENDING... and this salon can turn your finger nails into feet.

This new trend has people wondering, is it foot nails or finger feet. Nail-Sunny, the Russian Instagram Nail Artist, molds and sculpts feet on top of the artificial nail base. Then she paints each individual toe and adds an anklet. This artist has many other nail creations such as Cardi B's baby's hands.

[A16 - OUT WORD_BE RIGHT BACK]

These feet nails are getting many mixed reviews as people either love them ... or hate them.

Comment about the WORD...

Comment about the WORD ... We'll be right back.

[B1 - WELCOME BACK_ASVAB]

WELCOME BACK ... and thank you Amanda Mendoza and Mikayla Ayala for that commercial.

Now, here are some opportunities you can find in the College and Career Center ... The ASVAB test is September 24th, at 1:15, in the library.

The ASVAB is a timed aptitude test that measures your abilities.

It helps predict future academic options and possible careers. Sign up in the career center to take the test.

[B2 - CAREER_COLLEGE VISITS]

There are several college reps visiting the career center over the next few days. Here are a few ...

Point Loma, Drexel, and Arizona State will have representatives here today. And the University of Oregon will have a representative here tomorrow. Also, you can meet the Seton Hall rep on Friday. Pick up a pass if you are interested in attending a college presentation.

[B3 - CAREER_WALKER CREEK]

And ... there is an opportunity to earn community service hours and help elementary school students.

If you like hiking and camping, and you like working with young students, sign up to help. Sierra Elementary is looking for camp chaperones to go to Walker Creek Ranch from October 1 through 5th. You need to be a current junior or senior and at least 16 years old.

[B4 - INTRO_WEATHER]

Now ...we have a break from the hot weather and it should begin to cool down today.

Let's see how long we'll have cooler temperatures ... Here's SARAH NEVINS with your forecast.

[B5 - WEATHER]

- TODAY - SUNNY / NOW - 63 / 12:42 - 73 / 2:40 - 76

Thanks Sarah and Bethany, it is a chilly 63 degrees this morning. As we take a look outside, there are a few clouds, but it is mostly sunny. Today's high is only 78.

At lunch, it should warm up a bit to 73, but you may still want to grab your sweater.

And if you have practice later today, you can expect temperatures to be around 76 degrees.

- FUTURE FORECAST - DAY 1 - Thursday / SUNNY / H - 78 / L - 52

Now here is a look at the next three days. Tomorrow, the clouds will fade away, but the temperature should be around 78 degrees for the freshman game.

- FUTURE FORECAST - DAY 2 - Friday / Sunny / H - 80 / L - 53

On Friday, it will warm back up to a high of 80, but it should cool down a bit to 74 degrees before kick off for the Quarry Bowl.

- FUTURE FORECAST - DAY 3 - Saturday / Sunny / H - 80 / L - 51

And on Saturday, the weather will remain the same with a high of 80 and a low of 51.

Now, here is one last look at your forecast ...

[B6 - OUT_WEATHER]

And although we will have a cooler day today and tomorrow, you probably won't need a sweatshirt over the weekend.

Ad-lib ... context about weather relating to X-Factor news / Sports / or Full Court Press

Thank you for the weather update SARAH...

[B7 - INTRO SPORTS]

And now it is time for sports ... if you are interested in joining the wrestling team, stop by one of their pre-season training workouts.

See Coach Parker in Room D-6 or Coach Perez in Room F-13 for dates and time. Remember, there is a mens and women's team and there is still time to join.

And the football team played Lincoln in a their last non-league game.

Let's send it over to ANTHONY BAGLIETTO with the results, in the Full Court Press...

[B8 - SPORTS_SEGMENT]

FULL COURT PRESS
ANTHONY BAGLIETTO

[B9 - GOODBYE]

Thanks Anthony ... And to be featured in the show, don't forget to answer next week's question, and tell us about your favorite Quarry Bowl memory.

Also make sure you share a picture on Snapchat, Twitter, or Instagram, with the hashtag WHSUNLEASHED.

That's all for now, where the news is UNLEASHED every day.

We'll see you ... tomorrow.